



## Note of Meeting of

# Health and Social Care Forum

Friday 05 September, 10am – 12pm

**Craig Mitchell House, Flemington Road, Glenrothes**

**Present:** Kenny Murphy (Chair), Jo Clark: Fife Voluntary Action,  
Fiona MacKay: Age Concern Glenrothes,  
Grahame Blair: Barony Housing Association,  
Norma Philpott: Citizens Advice and Rights Fife,  
Mhairi Lochhead, Cindy Souter: Fife Carers Centre,  
Aiveen Ryan: Generations Working Together Network,  
Fiona Smith: Crossroads Fife Central,  
Ewan Masson: Dunfermline Advocacy Initiative,  
Elaine Fox, David Smith: ENeRGI,  
Tina Campbell: The Richmond Fellowship,  
Nicola Glen: Fife Society for the Blind,  
Rosemary Abbott: Fife Sensory Impairment Services,  
Jackie Morrison: Disabled Persons Housing Service,  
Alison Brown: Furniture Plus

**In attendance:** Alison Morrison: Fife Council Self Directed Support Team,  
Christine Davison (Note of Meeting): Fife Voluntary Action

**Apologies:** Jane Maciver: LINK - East Fife Mental Health Adolescent Befriending Project,  
Anne Buchanan: Alzheimer Scotland,  
Laura Crombie: Clued Up Project,  
Irene Blackburn, Nicky Paton, Sylwia Nadolny, Elaine Meakin: LinkLiving,  
John McKendrick: Fife Elderly Forum,  
Duncan Mitchell, Wendy Barbour: FEAT,  
Caroline Mackenzie: First For Fife,  
Frances Howie: Kingdom Housing Association Ltd,  
Eileen McCrossan: Scottish Autism,  
Jo Hobbett: The Ecology Centre

### **Presentation by Alison Morrison, Project Manager, Self Directed Support Team, Fife Council**

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Alison presented an overview of the national Self Directed Support (SDS) legislation and an update of the progress at the local Fife level. The SDS values (Respect, Fairness, Independence, Freedom and Safety) and principles (Collaboration, Dignity, Informed Choice,



Innovation, Involvement, Participation, Reciprocity and Risk Enablement) are set out in the 2013 Act.

The Fife local authority is part of a Scottish Government working group which is tasked with developing monitoring and evaluation of outcomes. This will be fed into the new Fife Council Social Work Quality Assurance Unit. Fife's Self Directed Support (SDS) Strategy will be published online soon. A final draft copy can be found on our website <<here>>

Everyone in receipt of a service will have been through the SDS pathway by 2018. A 3 year training programme on improving outcomes for people has been commissioned. This training is open to **all** sectors and organisations in Fife. The SDS team have a newsletter set for release in autumn 2014 – it will be included in the FVA bulletin.

Local Area Coordinators are conducting some Community Asset Mapping, begun in Glenrothes, to determine what services and resources already exists including formal and informal support. This information will be made available on the ALISS website.

Q&A:

The Forum was keen to know how many people have been through SDS so far; and what the associated timelines are?

Alison was unable to quote figures but confirmed that all citizens are entitled to an SDS assessment, and that the SDS team have a duty to provide that assessment to anyone that asks for it. If they meet the criteria then they will follow the SDS pathway and receive an SDS budget. However it was noted that there is no duty to promote or tell people that they are entitled to SDS. Elaine Fox and David Smith of ENeRGI suggested this is an opportunity for the voluntary sector, to promote SDS and let people know that assessment is available to them.

Alison advised that further useful information can be found on the Scottish Government website and a dedicated SDS Scotland website.

<http://www.selfdirectedsupportscotland.org.uk/>

Concerns were raised by members about the practicalities of allocating a budget without the potential of a risk of loss of essential care and how to manage the difference in charges by separate organisations charging different prices for a service, will a standard charge be set?

Alison responded that as SDS focussed on outcomes for the individual rather than budgets it would not result in a loss of essential care but may provide an opportunity to be flexible on the way that a budget might be spent without compromising levels of care. The unit cost of a service for example, 10hrs at £15/hr, would not be relevant to an outcome, however if someone is in receipt of a £200 service then they keep the same amount but there is more flexibility about the way they can use it, for example splitting it to £150 and £50 which can be spent on different services. Individual needs determine if a budget needs to be increased or decreased. Alison clarified that there is no cap on the hours of service someone can claim.

A general discussion ensued around the noted challenges involved and opportunities that come with SDS for both the public and third sector. Alison referred to the project as “a work in progress” with a significant cultural shift for public services to a more person centred and outcome focused approach, with an associated planned training programme to achieve this. Currently there is a one year contract in place with Phase 1 for people who carry out the assessments (as a priority) and Phase 2 for people offering services to those with SDS budgets. It is expected the majority of training will be done in the first year.

The Forum thanked Alison for her time and presentation.

Discussion continued around the following:

- SDS is aspirational
- The push is towards outcomes rather than outputs/activities
- There is a range and level of support available to individuals in making their choices around SDS
- The challenges for certain demographics
- The regulation of SDS services
- The misconceptions surrounding SDS for both service users and those who deliver services
- Eligibility criteria for SDS
- How different local authority areas are implementing SDS

## **Integration Update**

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### **New Director of Health and Social Care**

Sandy Riddell, the new Director of Health and Social Care started in his new post on Monday 01 September 2014. What the integration management team will look like is still to be decided.

Currently the Health and Social Care Partnership [HSCP] are responsible for activities up to March 2015 and the Shadow Board are responsible for work going forward from April 2015; while the Partnership Management Group (PMG) reports to the HSCP. The PMG is likely to also report to the Shadow Board in the near future.

The members discussed the benefits of having the Forum at this time so they can make best use of Kenny’s access to the above so that their opinions, feedback and position can be articulated in the right places at the appropriate times.

### **The Integrated Care Fund**

Kenny updated the group on the recent PMG meeting where The Integrated Care Fund was discussed. He reported good support for involvement of and contribution by the third sector and that some of the RCOP projects should be mainstream funded. NB Kenny, as the third sector signatory, has sign off on the plan to be submitted.

Fife’s share of the Fund is £6.73 million a plan for which will be prepared and authorised by December.



Kenny proposed that time at the next Forum be used to discuss potential ideas for third sector activities to be funded by the ICF. The members agreed and it has been included in next month's agenda. See below.

### **Locality Consultation Update**

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Integrated bodies are required by law to have a minimum of two localities. Fife is currently consulting on the single option of 7 localities; further information can be found here.

<http://www.fifedirect.org.uk/news/index.cfm?fuseaction=news.display&objectid=B634AA1F-BFAA-8409-60A1AE2719DC3568>

The Forum raised concerns around the lack of information in the consultation document and that only one option is being proposed. It was agreed that if Fife goes for 7 localities there should not be 7 management structures. The Shadow Board will make its decision on 23<sup>rd</sup> October.

### **Role and Remit**

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The role and remit was agreed by the group. It will be reviewed regularly as the Forum develops.

### **What Works Scotland?**

Fife is one of four case study partners for this project, which may be focussed in Kirkcaldy, identified as the greatest priority area based on SIMD data. The project will bring in academics who will work with Community Planning Partnerships (CPP's) to develop services and increase outcomes for people. There will be no money with this project, but resources will be provided. No timescale has been given. You can read more on this project here -

<http://whatworksscotland.ac.uk>

### **Member Updates**

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**Kenny Murphy** – Fife Voluntary Action are facilitating Funding Review Workshops for the Fife Council Funding Review of third sector services. The full list of review workshops still to take place can be found here - <http://www.fifevoluntaryaction.org.uk/news.asp?id=4908> These workshops are to inform a publicly available report which will be submitted to Fife Council.

**Elaine Fox** – ENerGI have organised an event for Tuesday 23 September 2014. This event is open to everyone interested in Self Directed Support with speakers from The Scottish Government SDS Team, Fife Council SDS Team and people with lived experience of mental health issues and using Self Directed Support. The event takes place at The Rothes Halls, Glenrothes and is free to attend. More information can be found here -

<http://www.energi.org.uk/news-and-events/>



**Ewan Masson** – Dunfermline Advocacy are promoting their services outside Dobbies Garden Centre in Dunfermline at the weekend. They included information on SDS and updated that they have two dedicated SDS workers.

**Jackie Morrison** – Disabled Persons Housing Service are holding their annual AGM on Wednesday 5<sup>th</sup> November. The venue is to be confirmed but they will have a theme on SDS. They are launching a national user led tool called “Home2fit” which matches a disabled persons needs to their house.

**Rosemary Abbott** –Fife Sensory Impairment Services offer a free SDS transcription service. They will put anything into an accessible format (e.g. Braille).

**Mhairi Lochhead**, Fife Carers Centre: Fife Carers Centre is offering a series of workshops for carers including dementia, parent carers, child transitions, and wellbeing. These workshops are often advertised on the Fife Voluntary Action website, see the latest workshops here: <http://www.fivevoluntaryaction.org.uk/news.asp?category=Training and Learning>

**Avieen Ryan**, Generations Working Together Network: Working across Generations; Mental Health First Aid Certificated Course; Mental Health First Aid Certificated Course; Mindfulness and Laughter Yoga. For more detailed information see last month’s bulletin or contact Avieen directly. E-mail address: [highbrow.confidence@yahoo.co.uk](mailto:highbrow.confidence@yahoo.co.uk) Telephone: 07796 496322.

The Forum discussed the benefits of having the Forum, as managers they are often confronted with large amounts of information which they find difficult to process on top of their day jobs. The Forum highlights current, key topics happening in Fife and offers a national and local perspective. In addition hearing about the issues and concerns within the sector and providing an occasion for gathering ideas and opportunities for our sector greatly contributes to FVA’s capacity to deliver on our representative role in Partnership settings.

## **Date of the Next Health and Social Care Forum**

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Date: Wednesday 01 October

Time: 10.00am to 12.00pm

Venue: Leven Room, Craig Mitchell House, Flemington Road, Glenrothes, KY7 5QF

## **Agenda**

1. **Lisa Curtice**, People Powered Health and Wellbeing Programme Director, Health and Social Care Alliance Scotland and **Mark McGeachie**, National Co-lead for Co-production and Community Capacity Building, Joint Improvement Team will present a Scottish context to the Integration Agenda;
2. Discussion on third sector potential proposals for the Integrated Care Fund